

Are you, or is someone close to you, affected by substance use?

Substance use affects more than 21 million Americans, regardless of race, education, or career path.

You are not alone.

The UFT Member Assistance Program (MAP) offers many kinds of confidential assistance and referrals for members and their families.

Email Jenice Acosta at **MAPRecovery@uft.org** to arrange for a private conversation.

Scan the QR Code below for more information or visit **www.uft.org/together-we-recover**

Are you in recovery or seeking recovery?

Join our Recovery Support Group to connect with your colleagues, share your experiences and find strength.

Shattering the Stigma

Shattering the Stigma

Hear from leading professionals in the field and join other members in a safe space to share strategies and resources for support. Together, we can normalize the conversation around substance use and shatter the stigma that harms individuals and families affected by it.



UFT Member Assistance Program

Your Union, Your Well-being

50 Broadway, New York, NY 10004
212-701-9620

MAPRecovery@uft.org

Follow us on Instagram **[@uftMAP](https://www.instagram.com/uftMAP)**

