



Are you looking for direct access to long-term, virtual mental health care?

As a result of ongoing levels of anxiety, grief and loneliness, the UFT Member Assistance Program looked for new ways to meet the increased requests for support from members and their families.

That's why MAP formed a partnership with HelloHero — to give union members and their families immediate access to first-rate, virtual mental health care.

Want to get connected?

- Contact the UFT Member Assistance Program at **HHreferral@uft.org** or call **212-510-6366** to speak with a HelloHero intake liaison.
- After MAP makes a referral to HelloHero, UFT members can expect to be contacted by a HelloHero representative within 24 to 48 hours.*

To learn more about HelloHero and this exclusive partnership, visit **www.uft.org/HelloHero** or scan the QR code below.**

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* UFT members who enroll in HelloHero are responsible for copays, as per their health insurance. Please contact your insurance company to understand your copay responsibility.

** Please allow 24 hours for appointment cancellations to avoid a \$50 HelloHero missed appointment fee.