



SPRING 2019 CONTINUING EDUCATION COURSES CALLING ALL UFT SOCIAL WORKERS AND LICENSED MENTAL HEALTH COUNSELORS!

Enroll in our courses and begin earning continuing education credits.

The UFT/MAP program recognizes the importance of lifelong learning to the social work and mental health counseling profession. We want to support you given the requirements around continuing education by providing quality instructors for professional development courses on a variety of topics that you can utilize in your schools and careers. We'll also provide signed certificate of completions and keep track of your credits for as long as seven years.

Please view the spring courses and register online www.uft.org/learnuft-social-workers

Each course is **\$50** and participants earn two Continuing Education hours upon completion.

Registration is required. Enrollment is limited and classes fill up quickly. All fees are non-refundable. Late comers will not be admitted.

Members are welcome to attend all courses regardless of the borough you work or live in.

SUPPORTING TRANSGENDER AND NON-BINARY STUDENTS

The UFT's Staten Island borough office

4456 Amboy Rd.

Thursday, April 11 • 4:30 to 6:30 p.m.

Participants will learn about the critical need to create safe and supportive schools for transgender and non-binary students. You will leave understanding the complexities of transitioning and know how to support students on this journey. We will also review how you can become familiar with policies and best practices to support transgender and non-binary students.

Mitch Klages-Bombich, M.S. Education

Professional Development Coordinator, Positive Learning Collaborative, UFT

EFFECTS OF SOCIAL MEDIA

The UFT's Queens borough office

97-77 Queens Blvd, 5th floor

Thursday, May 2 • 4:30 to 6:30 p.m.

This presentation will focus on the effects of social media, both good and bad. We'll discuss social media platforms, characteristics of social media that could potentially lead to dependence/addictive behavior and ways to monitor healthy boundaries and impulsive behavior.

Michael Dzwil, LMSW

HOW TO ENGAGE HIGHLY-RESISTANT ADOLESCENTS AND YOUNG ADULTS IN THE PROCESS OF TREATMENT AND RECOVERY

The UFT's Bronx borough office

2400 Halsey St.

Wednesday, May 8 • 4:30 to 6:30 p.m.

In this session, participants will learn about the "Self Medication Hypothesis" of substance use and other compulsive behaviors, and learn to use validation, containment and limit-setting. In addition, behavioral manifestations of trauma in a school setting to more effectively work with challenging students will be discussed. This workshop is aimed at middle and high school staff. Sponsored by Newport Academy, an adolescent treatment system with residential centers and outpatient centers in Connecticut and California.

Liz Jorgensen, CADC

Owner and director of Insight Counseling in Ridgefield, Connecticut

EMPOWERING PARENTS IN THE TREATMENT OF CHILD TRAUMA

The UFT's Brooklyn borough office

335 Adams St.

Thursday, May 16 • 4:30 to 6:30 p.m.

This workshop will present empirical research on how parents can help or hinder a child's recovery from trauma. Participants will compare how three widely-used, evidence-based child trauma treatment models view the possibilities of engaging parents in the child's recovery from trauma in different ways. Clinicians will learn about the realities of collaboration with parents – and the possibilities – by comparing these models: Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Child-Parent Psychotherapy (CPP), and Trauma Systems Therapy (TST).

Susan McConaughy, PhD, LCSW-R

ACCESSING THE INNER WORLD OF CHILD VICTIMS OF SEXUAL ABUSE: INNOVATIVE TREATMENT APPROACHES THROUGH CREATIVE EXPRESSION

The UFT's Queens borough office

97-77 Queens Blvd., 5th floor

Wednesday, June 5 • 4:30 to 6:30 p.m.

This workshop offers a combination of experiential and didactic components. Participants will be introduced to innovative approaches (e.g., energy psychology, movement, sound) to fostering creative expression in the treatment of child sexual abuse. Techniques demonstrated will be transferrable to the practitioners' work with clients. Participants will engage in these activities specifically designed to elicit unconscious information from a child. This workshop will stimulate and inspire individuals to use new modalities in helping child victims heal from the trauma of sexual abuse.

Kathryn Mertz, MS, LCSW, and Rev. Diane Monks, CH, LMSW

THERE'S A BULLY IN MY BRAIN

The UFT's Manhattan borough office

52 Broadway, Room 19A

Thursday, May 30 • 4:30 to 6:30 p.m.

Kristin O'Rourke, LCSW, is the owner of a private group psychotherapy practice as well as the author of the children's book, "There's a Bully in My Brain." Join Kristin to discuss her book and take away valuable and concrete strategies to support children with their anxiety.

Kristin O'Rourke, LCSW